

# GROWTH MINDSET

## What Can I Say to Myself?

Instead of...	Try thinking...
I'm not good at this.	What am I missing?
I'm awesome at this.	I'm on the right track.
I give up.	I'll use some of the strategies we've learned.
This is too hard.	
I can't make this any better.	
I just can't do math. (or reading, or social studies, or writing, or science...)	
I made a mistake.	
She's so smart. I'll never be that smart.	
It's good enough.	
Plan A didn't work.	